



Manchester Yacht Club



Single/Double Handed Race Saturday, September 18, 2010 @ 1300

1. Introduction: The MYC Single/Double Handed Race is designed as a fun event for Club members to have friendly competition on the racecourse and then to socialize after the race at a Bring Your Own social on the deck where the results will be announced.

2. Rules: The racing rules of sailing apply, including US Sailing Prescriptions. All **Competitors are required to wear PFD and Single-Handed racers must wear safety harnesses.** Auto-pilots may only be used in the single-handed class for the process of tacking and jibing until the sails are trimmed on the new tack.

3. Entries: To sign up, simply click the link and complete the online registration on the MYC PHRF racing website prior to Friday, Sept. 17 at 1700 and complete the form. If you do not have a PHRF rating the RC will assign you one based on your boat make and model. Required entry information: Skipper, Boat Name, Sail Number, PHRF Rating, Boat, Make, & Model (such as J/100, Sabre 36, Swan 44, etc...)

4. Communications: The Race Committee aboard Trident will be monitoring VHF Channel 78A starting at 1200 hours on the day of the race. Please notify the Race Committee if you retire from the race after starting.

5. The Start: The starting line will be in the vicinity of Gales Ledge Nun. However, be prepared to follow Trident to a nearby location to take advantage of wind conditions. The MYC Single-Handed Class will use code flag "S" as the class flag, and the Double-Handed class will use code flag "D". The starting sequence, also known as the "5, 4, 1, Go" system, will be used and makes use of a 5 minute sequence from warning to start. Five minutes before the start your class flag will be hoisted with a gun, 4 minutes before the start the "P" flag will be hoisted with a gun, 1 minute before the start the "P" flag will be lowered with a horn, at the start the class flag will be lowered with a gun.

Title	Visual Signal	Sound Signal	Time
Warning	Class Flag hoisted	Cannon	1300 hours
Preparatory	Code Flag "P" hoisted	Cannon	1301
One Minute	Code Flag "P" lowered	Horn	1304
Start	Class Flag lowered	Cannon	1305

6. Courses: The course will be composed of MBSA Standard Rounding Marks as identified in the Mass Bay Year Book (see the mark list below). If "E," a portable windward mark is used, the range and bearing will be announced. The course will also be announced over VHF channel 78A. **All government marks around Bakers Island must be observed.**

7. Finish: The race may be finished by Trident or another mark boat. Finish between the last mark and the Blue flag on the RC boat, which may be to either side of the last mark.

8. Time Limit: The time limit for the race shall be 3 hours. Boats that do not finish before 1600 will be scored DNF.

9. Social Activities, Results and Prizes: All captains and crew are invited to a BYOB & Munchies, racers' party on the MYC deck to socialize and hear the corrected race results. Prizes will be awarded immediately at about 1630.

Standard MBSA Rounding Marks:

List A: MASSACHUSETTS BAY

A	CAPE ANN WHISTLE	R "2" FLR 6s	42.37.9 7031.2
B	EASTERN POINT WHISTLE	R "2" FLR 4s	42.34.2 70.39.9
C	NEWCOMB LEDGE WHISTLE	G "1" FLG 4s	42.30.4 70.44.5
D	TINKER'S ROCK GONG	GR "TR	42.28.9 70.48.9
E	PORTABLE WINDWARD MARK		
F	PORTABLE START OF GYBE MARK		
G	GREAT PIGS ROCK BELL	R "4" FLR 4s	42.27.6 70.50.5
H	FLIP ROCK GONG	RG "FR"	42.24.2 70.55.5
J	BOSTON APPROACH BUOY	RW "BG" MO(A)	42.23.4 70.51.5
K	BOSTON LIGHTED HORN BUOY	RW "B" MO (A)	42,22,4 70.46.6
L	BOSTON APPROACH BUOY	Y "BF" FL(4)Y20s	42.21.2 70.41.5
M	BOSTON ENTRANCE GONG	RW "NC" MO(A)	42.22.5 70.54.3
N	THE GRAVES WHISTLE	G "5" FLG 4s	42.22.5 70.51.5
O	3 ½ FATHOM LEDGE BELL	R "2" FLR 4s	42.21.2 70.50.3
P	BOSTON S ENTRANCE CAN	GC "1"	42.21.3 70.53.5
Q	MARTIN LEDGE NUN	RN "4"	42.20.7 70.51.2
R	BOSTON LEDGE NUN	RN "6"	42.20.1 70.51.9
S	THIEVES LEDGE WHISTLE	G "1" QkFLG	42.19.6 70.49.9
T	HARDING LEDGE BELL	G "1HL" FLG 4s	42.18.6 70.50.7
U	DAVIS LEDGE GONG	G "1DL" FLG 2.5s	42.18.3 70.44.9
V	21 FOOT WHISTLE (MINOTS LEDGE)	G "21" FLG 4s	42.18.6 70.42.4
X	SCITUATE APPROACH GONG	RW "SA" MO(A)	42.12.1 70.41.9
Y	HUMAROCK WHISTLE	RW "H" MO(A)	42.09.8 70.31.2
Z	FARNEM ROCK BELL	R "6" FLR 4s	42..05.6 70.36.5

LIST B: SALEM BAY

1	SALEM CHANNL NUN (GALES LEDGE)	RN "6"	42.32.6 70.45.9
2	SALEM CHANNEL BUOY (CURTIS PONIT)	G "13" FLG 4s	42.32.6 70.50.4
3	CAT I, CHANNEL NUN (NR HALFWAY RK)	RN "4"	42.30.5 70.46.8
4	EAGLE I, CHANNEL CAN (POPE HEAD)	GC "5"	42.31.7 70.46.0
5	MARBLEHEAD CHANNEL BELL	RG FL(2+1) 8s	42.30.2 70.49.1
6	SALEM CHANNEL BUOY (BOWDITCH LG)	G "11" FLG 4s	42.32.5 70.48.6
7	SALEM CHANNEL BELL (POWERS LG)	G "9" QG	42.32.4 70.47.3
8	SALEM CHANNAL CAN	GC "7"	42.32.1 70.46.5
9	SALEM CHANNEL CAN	GC " 5"	42.31.8. 70.45.9
10	SALEM CHANNEL CAN	GC "3"	42,31.1 70.45.1

PASSING OR BOUNDARY MARKS (RESTRICTED AREAS): Yachts shall not traverse the area bounded by a line connecting the following buoys in the sequence listed: Bell G"9" (Powers Rock), Salem Channel Cans: 7, 5, & 3, Nuns 2 & 4 south of Baker's Island, Can 5 (Pope Head), Bell G"9" (Powers Rock). Yachts entering this area must leave between the same two boundary buoys that they pass while entering, unless a listed mark is a rounding mark. Yachts shall not pass to the west of Coney Ledge Can 5, to the northwest of Outer Breakers (Greet Pig Rocks) Bell R "4", or north of Shag Rock Buoy R "2" off Nahant.