



The Trident

June 2009

The Newsletter of the Manchester Yacht Club

Dear MYC Members,

The weather was perfect on Commissioning Day as our canon was fired and the ensign and burgee were hoisted aloft for the start of 118TH season. A record crowd appeared on this Mother's Day and enjoyed a delicious lunch. Jack Fadden and all of the staff members are back, and the boats, floats and club house are in their pristine condition. Mooring buoys are appearing all over the harbor and our boats are ready for the season before us.

In May, MYC members visited the Volvo Ocean Race Docks and Village in Boston for an informative view of this round the world sailing race and were able to board one of these amazing boats for a tour. A few days later, approximately 80 members boarded a local tour boat from our floats and sped into Boston to see the start of this exciting race. Members enjoyed a front row seat to see these powerful sailing vessels head off to Galway, Ireland.

June has a full assortment of MYC events including our first two gams: one at Misery Island and the second on Father's Day featuring "racing boats at the floats". Ladies Sailing starts off with a full season of Wednesday afternoon sailing and the group is always looking for new members to join the fun. The one design racing program begins with a tune-up and their first race, and the Patton Bowl is expected, as always, to attract a strong turnout for the race and festivities that follow. An informative seminar on First Aid and CPR will be held at the club early in the month and our spring rendezvous will be in Hingham; members are encouraged to join this event by sea or land.

There are many fun events at the club in June and carrying on into the summer and we hope to see you there and out on the water.

Mory Creighton
Commodore
commodore@manchesteryc.org

Sincerely,

Mory Creighton
Commodore



Early season at MYC

Vice Commodore's Notes

Club Improvements

You will notice considerable improvements since the Club closed last fall. Trident has been modified with a large canvas/window opening on the port side so she can serve as a back-up launch if necessary and to make her better suited to race committee activities. Two new floats have been built and installed. The upper deck has been cleaned up, hornet's nests removed, and screened to prevent future nest building. The upper deck is now suitable for use throughout the season with little fear of being stung. Landscaping installed last year has been tended to and is pleasingly lush. The railings and decks have new coats of paint. The launches and rowboats are freshly varnished and painted. Inside the Club Room all of the award trophies have been polished and are back in their proper display cases. All this and more was in preparation for our 2009 yachting season.

Launch Hours

From now through Labor Day weekend, Sunday launch hours have been extended to 2000, one hour later than last year. Wednesday through Saturday the launch will run to 2200 so that members can enjoy an evening sail and an unrushed dinner at their moorings. We hope that many members will take advantage of these extended hours.

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Rear Commodore's Notes

Adult First Aid and CPR/AED Course

0900, Saturday, June 6



Cruisers and racers should both consider this special offering! Did you know that, starting this year, offshore races including the Marblehead Halifax Race and the Newport Bermuda Race require First Aid certification for one or two crew members respectively? This is a change to the previous regulations of US SAILING. In addition, this course being offered at the MYC on Saturday, June 6th at 0900 is perfect for family cruisers on the New England coast. It also trains participants in CPR and the use of an AED (Automated External Defibrillator); the MYC keeps an AED in the clubhouse office for emergencies.

The class will be a full day program by the American Red Cross and provide participants with a three-year certification for First Aid and a one-year certification for CPR. Learn to cope with cardiac emergencies, sudden illness, injury, burns, bleeding and muscle, joint and bone injuries. This course combines lectures, demonstrations and video with hands-on training and practice. So, feel prepared for medical problems aboard your boat (or ashore). Contact Rear Commodore Bill Barton at rear-commodore@manchesteryc.org to register for this course; cost is \$90 per person and includes morning coffee and lunch. Advance registration is required.

Members Tour the Volvo Ocean Race Docks and Village



Nick Nicholson and MYC member Ed Berger in the cabin of Puma Ocean Racing's AVANTI.

Photo by Dave Schylling

On Tuesday May 12th, a capacity group of thirty-six MYC members had a special behind the

scenes tour of the Volvo Ocean Race Village with Nick Nicholson, Measurer and member of the race's Rule Management Group. Nick had as much insight on the boats as anybody, having followed the boats from port to port on their journey around the globe.



Nick Nicholson lead the MYC Dock Tours at the Volvo Ocean Race. Photo by Marc Poirier

Nick first took us to the teams' compounds where each boat had its own sail loft, rigging ship and composites shop, an area nicknamed "Pit Row" by the competitors. After each leg, the sailing crews head ashore and the shore crews work round the clock to get the boats ready for the next segment of the race. In truth, the entire race village, including the shore repair facilities, is created in duplicate. There have to be two of everything because the village cannot be shipped to the next race stop-over in time to beat these fast sailing Volvo 70s.



MYC members listen as Nick Nicholson provides insight on the Volvo Ocean Race. Photo by Dave Schylling

While half the group toured ashore, the other half stopped in the "Dome" to see a film covering the history of the race, going back to the Whitbread

era and going up through the current race. Others climbed aboard the race simulator, a capsule which presents a film as the entire twelve-seat mini theater pitched and rolled to the motion of a Volvo 70.

Finally we headed to the docks to climb aboard Puma AVANTI, Puma Ocean Racing's training boat. Like IL MOSTRO, AVANTI's hull is painted to look like a Puma training shoe. Everybody had a chance to stand at the helm, explore the foredeck or head into the jet black cabin of this first generation Volvo 70. You got a sense of how wet the ride might be in these boats. AVANTI held the 24-hour speed record for monohull yachts until ERICSSON 4 broke it with her 596.6 mile run this past October; that is an average speed of just shy of 25 knots! Nick



Rear Commodore Bill Barton and Commodore Mory Creighton aboard Volvo 70 Puma's AVANTI. Photo by Dave Schylling

informed us that the new briefly sustained speed record for the newest boats is 44 knots! Finally we headed down the docks to look at each of the current boats in the race fleet. Ed Berger summed up the afternoon saying, "What a privilege it is to be able to get an insider's view of those machines -- and to be guided by a guy like Nick, who knows every technical aspect of those machines and is such a damn nice person to boot."

CRUISING



Abbott Reeve and George Putnam at the Blue Hill Bay Cruise Seminar

Calling Boats of ALL sizes: Free & Risk-Free Boat Inspection: Saturday, June 13th

The Cruising Committee has arranged for the Coast Guard Auxiliary to visit the Club on Saturday, June 13th from 0730 to 1200 to conduct free and risk-free inspections. These well trained volunteer vessel examiners will come aboard your boat (of any size) at your invitation only and check for basic safety equipment. They have run similar days at the New York Yacht Club in Newport with great reviews.

Sign up to have your boat inspected. We are told to expect the inspection to take about 30 minutes per boat, if equipment is set out beforehand. By passing this inspection, your boat receives a sticker visible for the Coast Guard should they consider an official boarding (perhaps dissuading them from official inspection). There is NO RISK to being inspected. Should your boat be missing any requirements, only you and the inspector know that and it will not be reported to the Coast Guard. The idea is to promote boat safety.

To sign-up, contact Charlie Newhall at 617-803-2379 or cruise@manchesteryc.org. Reservations for an inspection will begin at 0730 and run until 1200, depending on demand.

The following background information is provided by Arthur Capstaff, who will be running our safe boating inspection:

The United States Coast Guard Vessel Safety Check (VSC) is a thorough examination of your boat's compliance with Federal Equipment Requirements and is conducted by a Coast Guard approved Vessel Examiner.

The VSC checks 15 items including:

- Proper Registration Documents and Numbering (if required);
- Proper number and condition of PFDs (i.e., Life Preservers);
- Proper number, condition and age of VDS (i.e., Flares, Flags and Smokes);
- Proper condition, mounting and charge of Fire Extinguishers;
- Proper engine/bilge ventilation systems and functionality;
- Proper Sound Producing Devices for Vessel Class;
- Proper Navigational Lights and functionality;
- Proper Waste Management Plan including No Pollution and MARPOL Trash Placards;
- Proper installation and functionality of Marine Sanitation Devices;
- Copy of the Navigation Rules (if Vessel Class requires);
- Equipment required by State and Local jurisdictions (i.e., Hailing Port); and
- Overall Vessel Condition with respect to:
 - o Hazard-free Decks
 - o Clean Bilges
 - o Properly installed Electrical Systems
 - o Properly installed Fuel Systems
 - o Properly installed Galley and Heating Systems.

Additionally, items such as the Marine Radio (i.e., VHF), First Aid and PIW Kits, Ground Tackle and Operating Practices will be discussed.

If the Registration documents, PFDs, VDS, Waste Management Plan, Nav Rules and First Aid Kits are laid out on a berth or in a protected area of the cockpit before the Check commences, the inspection should take no more than 30 minutes.

The VSC Examination is done as a courtesy by volunteer inspectors who are only interested in making the boat a safer vessel and the operator safety conscious. No findings are reported.

Successful completion of the Check gets the boat a USCG VSC Decal and possibly, depending upon the insurer, a discount on annual boat insurance premiums.

For more information on the VSC, please go to http://SafetSeal.net/what_is_vsc.asp

Dates to Mark Down

Saturday, June 6th: First Aid & CPR Seminar- 0900

Saturday, June 6th: Misery Island Gam- 1700

August 10th – 20th: Blue Hill Bay Cruise- 1600

Sabre Rendezvous

The Mass Bay contingent of the Sabre owner's Internet list

(<http://groups.yahoo.com/group/Sabresailboat/>) is holding its first ever rendezvous at 1700

Saturday, June 13, chez Starkey/Harrison, next to the MYC, 13 Tuck's Point Road. All current, former, and future Sabre owners and their families and hangers-on are welcome for grog, grills, and gab. Strictly informal, but nothing grillable will be refused. If you're wondering about little plastic elbow under the side deck or the best way to break a spinnaker pole, come meet the experts.

LADIES SAILING

Starting on Wednesday, June 24th and continuing through August 26th, the Ladies Sailing Group will be meeting at 4 o'clock sharp for a fun time of sailing. All the ladies of the Club are invited to come. Doesn't matter if you are a beginner or have sailed for years, you are welcome to take part in the wonderful and challenging sport of sailing. No need to sign up. Just show up and the fun begins. Please feel free to contact Dee if you have questions.

See you on the water !!!

Dee Christensen

ladiessailing@manchesteryc.org

ENTERTAINMENT



John Harrison's 20th consecutive Commissioning

A record number of MYC members joined together on a beautiful Mother's Day to officially open the 2009 season. This year, in an effort to have more families and kids participate, the Entertainment Committee and Chef Tim Hopkins added a kid-friendly meal, quadrupling the number of younger attendees. Linda Kiley, along with Lena Noble and Martha Mayne, did an outstanding job in organizing this event.

The Commodore's Cocktail Party once again proved to be the event of the season with member attendance swelling the decks to capacity. The cool weather did not dampen the enthusiasm of old and new friends greeting one another and enjoying the fine fare. Our thanks go to Grace Babikian and Ed Halsted who once again did a beautiful job organizing this festive evening, and toCarolynn Pitman for providing us with our new reusable name tags

Mark your calendars

Saturday, July 4 – 1700: Independence Day Barbecue. Back by popular demand, Tennessee's BBQ will provide a mouthwatering buffet featuring their famous ribs and all the trimmings. This pre-fireworks event is a festive way for MYC families and friends to celebrate the July 4th holiday.

Sunday, July 5 – 1600 – 1800: Sunday Social.

This date marks the start of these popular get-togethers which occur every Sunday during the months of July and August. These informal gatherings are a great way to end your weekend with complementary munchies and soft drinks plus a “cash” bar (drinks charged to your account). No reservations required – just stop by and enjoy.

RACING



Telefonica Blue at the Volvo Ocean Race Start

Preseason Racing Social and Rules Seminar

May 13th Pre Season Racing Social & Rules Seminar: Holly Fabyan and Leland Wallace presented the new 2009-2012 Racing Rules to about 30 interested racers. Many thanks to Dee Christensen for finding a pamphlet, '**Handy Guide to the Racing Rules 2009-2012**' that diagrams the basic rules that everyone should know. The good news is that most of the changes are relatively minor and will not affect our cruising canvas fleet races. Holly did a great job of explaining the rules for 'When Boats Meet' and explaining practical situations where each rule would apply. The major change is that the two boat length rule at turning marks has been increased to three boat lengths. For more information visit the MYC Racing web page to download a copy of the presentation. We also reviewed some of the key changes to this year's racing program which includes:

- **One Design Race Weekend** – a new weekend series of racing to repeat the success of last year's Megabyte NA Championship. This will extend the racing season to Sept 7th.
- **Single / Double Handed Race** – a double handed class has been added to encourage more MYC members to participate. We would like to see some husband and wife crews.

Watching the Start of the Volvo Ocean Race:

So, we all thought that Spring had arrived. But the weather on Saturday, May 16th at the start of the Galway leg of the Volvo Ocean Race showed us otherwise--cold and quite foggy. But what an exciting moment watching those powerful sailing machines roll out of Boston on the next leg of their multiple-leg circumnavigation of the world. About eighty MYC members and guests cruised to Boston on The Sea Lady from the club to watch the Volvo 70s race briefly in the harbor and then depart to Galway Island, Ireland. Boston was the only Volvo Race stop in North America. This was a rare opportunity to see the fastest 70-foot monohulls in the world at close range. The weather was not great but the viewing was spectacular.



The Sea Lady was stationed at their first mark for the in-harbor racing just off of runways 22L and 22R at Logan Airport among an enthusiastic spectator fleet and the overhead roar of landing jets. The race started just off of Fan Pier at 1:07PM. At the starting gun the seven Volvo race contestants shot towards our station and reached the mark just beside us in less than 15 minutes

(about 2 miles) in 8 to 10 knots of wind from the East. After rounding, they jockeyed for room with an incoming coastal oil tanker on their way up the Mystic River to a second turning mark. They went back out the harbor right past us and on their way to Ireland. We had front row seats to view them as they flew by.

The Patton Bowl & Awards Chowder— Saturday, June 13 at 1100

This year's Patton Bowl will have something for everyone. As usual the spinnaker classes with be racing two very competitive windward-leeward races. Special attention will be paid to running the cruising canvas races for classes F and G. The cruising canvas fleet will start after the spinnaker racers have cleared the starting area. I would like to encourage first time cruising canvas skippers to participate in the Patton Bowl. Abridged racing rules and starting sequences are posted on our web site. The racing is fun and friendly and the after-race chowder is the best. If you have any questions please call Emmett Holt (978) 468-3355. Registration information and fee is posted on the Racing web site. Please remember that you need to have a valid PHRF rating to make the scoring fair. For those of you who don't race, you are welcome to join us on the deck for the awards chowder beginning at 1630.

RC Sailing

Manchester's newest one design fleet, Radio Controlled Model Lasers, had its first sail after the Opening Day Chowder. There were five boats, belonging to Ranny Barton, Sandy Dickson, Tom Walker and two from "Team" Creighton. Those who attended the Chowder will recall that there was a brisk North West breeze, gusting to almost 25 knots.

Sailing started in the sheltered bay between the floats and the club house. Soon the Lasers ventured out into the channel where they encountered a stiff breeze and some rather choppy water. Here the rugged, water tight construction of the Lasers was put to the test. There were several knock downs with the sail flat on the water. After a few seconds the boats righted themselves and sailed off again. Running down wind was equally exciting as the whole hull

submerged back to the cockpit. As the boats slowed they shook off the water and kept on going.

The first sail was really a practice session in survival conditions. All the skippers agreed that it was pretty good fun and looked forward to getting together again soon. It was suggested that the group sail Thursday evenings and possibly on weekends as well. The prospect of sailing RC Lasers while sitting on the club porch sipping martinis seemed appealing.

The group has agreed to communicate via email to establish a schedule and to find a name for our new organization. It is hoped that more club members will join the group. Boat owners are more than willing to offer boats for a trial sail to interested would-be sailors. If you would like to buy a boat or simply have your name on the mailing list please contact Tom Walker at twalker364@aol.com. Also have a look at the RC Laser web site, www.rclaser.com and the MYC web site. Hope to see you on the water.

COMMUNICATIONS

If you're interested in helping out with MYC communications (writing copy, editing, webpage updating, photography, etc.), or have any suggestions, please contact me at (978) 526-7822 or scottfdavis@mac.com. No contribution is too trivial and all help is much appreciated.

JUNE & JULY EVENTS

Date	Time	Event	Committee
JUNE			
Sat, Jun 6	0900	Seminar - First Aid & CPR	Cruising/RC
Sat, Jun 6	1700	Gam at Misery Island	Cruising
Sat, Jun 13	1100	Patton Bowl	Racing
Sat, Jun 13	1630	Patton Bowl Awards and Chowder	Racing
Sat, Jun 20	1000	Spring Rendezvous to Hingham	Cruising
Sun, Jun 21	1000	One Design Pre-Race Tune Up	Racing
Sun, Jun 21	1300	One Design July Series Day 1	Racing
Sun, Jun 21	1700	Father's Day Gam - Watering cans on the floats	Cruising
Sun, Jun 21	1700	Race Boats on Floats	Cruising
Wed, Jun 24	1600	Ladies Sailing	Ladies Sailing
JULY			
Sat, Jul 4	1700	Independence Day Barbeque	Entertainment
Sun, Jul 5	1300	One Design July Series - Day 2	Racing
Sun, Jul 5	1300	Start - Marblehead Halifax Race	Racing
Sun, Jul 5	1600	Tiller Trophy Race	Racing
Sun, Jul 5	1600	Sunday Social	Entertainment
Wed, Jul 8	1600	Ladies Sailing	Dee
Sun, Jul 12	1600	Sunday Social	Entertainment
Sun, Jul 12	1600	JYC Family Activities - Kayak Races	JYC
Wed, Jul 15	1600	Ladies Sailing	Dee
Fri, Jul 17	1800	Junior Yacht Club Dance (12 & under)	JYC
Fri, Jul 17	1930	Junior Yacht Club Dance (13 & up)	JYC
Sat, Jul 18	1000	Crocker Memorial Race	Racing
Sun, Jul 19	1300	One Design July Series - Day 3	Racing
Sun, Jul 19	1600	Sunday Social	Entertainment
Mon, Jul 20	1000	Marblehead Race Week - Junior Division	Racing
Wed, Jul 22	1600	Ladies Sailing	Dee
Thu, Jul 23	1000	Marblehead Race Week - Senior Division and Offshore	Racing
Fri, Jul 24	1830	Gam - Sea Shanties & Stargazing	Cruising
Sun, Jul 26	1300	Vaughan Challenge	Racing
Sun, Jul 26	1600	Sunday Social	Entertainment
Wed, Jul 29	1600	Ladies Sailing	Dee

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